The educational materials listed are available at no cost in state, from the Division of Community Health, Maine Injury Prevention Program.

B = Book	C = Cassette	LP = Lesson Plan	SP = Slide Presentation		
V = Video	P = Pamphlet	M = Master laser pape	er (for copy reproduction)		
S =	Sticker Pos	ster * = Eas	ier reading level		
•	All videos, lesson plans, cassettes and books must be returned within 2 weeks.  Due to demand, only two videos can be requested per order.				
Please allow 4 to 6 weeks for delivery					
	NO PHO	ONE ORDERS PLEAS	SE		

#### **GENERAL INFORMATION**

Printable version available www.state.me.us/dhs/bohdcfh/inj

#### **INFORMATION & RESOURCE SHEETS**

 Bicycle		Child Passenger Safety				
 Fire/Burn		Shaken Baby Syndrome				
 Suicide		Youth Violence				
 Questions About Removing Firearms		Young Drivers				
 Injury Prevention Program – 10 Year Plan		State & National Resource List				
 _ Child Safety Seat Program Locations – Call 287-9968 for the location nearest you.						
 _ Child Passenger Safety Fitting Station Locations - Call 287-287-9968 for the location nearest you.						
Additional Materials Request: Our program often received material covering a variety of topics, not listed on this form. more information, please list here. Materials will be sent, if a	If there	is a topic about which you would like				



(M) Master Laser Paper (B) Book

# **AUTOMOBILE SAFETY**

(V) Video



(P) Pamphlet (SP) Slide Presentation

	(C) Cassette	(LP) Lesson Plan	(S) Sticker	Poster	* Easier To Read	
_		Safety Belt Law/Main		ety Seat Law	- A summary of Maine's chil	ld auto
		Children Happy In S e, as well as safe. (Be	-	Suggestions	for making travel with young	children
	*(M) Never, E to avoid them.	•	in Front of an	Air Bag - E	xplains hazards; and what yo	ou can do
	` '	<b>/arning</b> - A fluorescent ehicles with air bags. (l	•	rns of placino	g rear-facing child safety sea	ts in the
		e Buckles Up Sticker r preschool & elementa			ned to remind children to buc )	kle up.
_	and instructs of	children on pedestrian,	bicycle and ch	ild passenge	on. A 35" tall stuffed bear sits r safety. A special instructor priate for ages two - six.	, ,
_	To reserve the		207-287-9968	. Ideal for he	m fits 5'0"-5'5" and Large fits alth & safety events, confere e up every ride.	
	Research Gro	up. Appropriate for age	es 15-18. This o	curriculum is	es, 1995, Pediatric Injury Predesigned to educate young pying people in the back of a	people
_	expert testimo	_			cretary of State. 2000. See a ers who have experienced fire	
	to protecting in and elaborates	nfants and children in r	notor vehicles. contains. For us	The accomp se by health a	Shelness Productions. A com anying instructor's guide sup and safety officials working w	plements
	Coalition & Pu		ned together a	nd produced	Television. Maine's Penobs this educational video to wa	-

٠,	Master Laser Pa Cassette	aper (B) B (LP) Lesson		Video Sticker	(P) Pamphlet Poster	(SP) Slide Presentation * Easier To Read
	page, full color	booklet and vio	deo explain th	he importan	ce of protecting	ague Traffic Safety Initiative. A 32 g children, covers the four basic s belt system and air bags.
	and accompan	ying instructor's s, along with ot	s guide is inte her key safet	ended to ed ty issues. Fo	ucate parents	ment of Transportation. This video about safely transporting their atal instructors and others with new
	introduction to 14 minutes, 19 major areas in incidents, fires and pedestrian	the Risk Watch 97, National Fir which the most and burns, cho hazards, and	n Curriculum re Protection t children are oking, suffoca water hazard	designed example Association exilled or injustion, and states. Risk War	specially for tea , (NFPA). Grad ured each year rangulation, po tch uses techn	the Risk Watch <b>Teacher Video</b> , an achers and school administrators. des K-8. RW addresses the eight r – including motor vehicle isoning, falls, firearms injury, bike iques that involve children, their y grade level PreK-1, 1-2, 3-4, 5-6,
	Please check	PreK-1	Grade	sh to have es 1-2 es 7-8		rades 3-4
	are much highe driver's license the tragedies h	er than for olders and what driverse and what driverse and he duated licensin	r drivers. This ving means to now they've b	s videotape o them. Par een affecte	shows 16 year ents of beginned. The video fo	sh rates for young beginning drivers olds telling why they want their ers, who died in crashes, tell how cuses on a promising policy as. It advises parents on minimizing
		BICYC	LE/PEDE	ESTRIAI	N SAFETY	STOP STOP
	_ *( <b>M) 4 Easy S</b> t helmet for the b	•		net Properl	<b>y</b> - Explains ho	w to personally fit and wear a
	_ <b>(P) Maine's Bi</b> provides practi	•		•	•	e law, to whom it applies, and
	_ <b>(S) Mr. Moose</b> Appropriate for				designed to er	ncourage bicycle helmet use.

(M) Master Laser Par (C) Cassette	oer (B) Book (LP) Lesson Plan	(V) Video (S) Sticker	(P) Pamphlet Poster	(SP) Slide Presentation * Easier To Read
*(M) 6 Safety T	ips for Young Bikers	- Outlines impo	ortant safety rul	les to prevent bicycle injuries.
Appropriate for their coaches d	general public. This vid	leo features sev for safe bicyclir	veral U.S. Olym ng. Messages ir	nutes, 1994, (DOT/NHTSA).  Appic Cycling Team members and a helmet,
	ety Camp - 25 minutes fe biking practices. For			matizes five children sent to parents and teachers.
Education Prod discovering pro	uctions. In this video st	udents are enc ssing streets sa	ouraged to prac fely and unders	es) - 15 minutes, 1998, Disney ctice pedestrian safety, such as, standing that pedestrians must rely decisions.
in which the mo burns, choking, hazards, and wa their families, ar	st children are killed or suffocation, and strang ater hazards. To teach of their communities. (Fightight of the grade level you prek-1 G	injured each ye gulation, poison safety skills, <b>R</b> Please order by	ear – including r ing, falls, firearr <i>isk Watch</i> use: v grade level Pr <b>sent.</b>	m addresses the eight major areas motor vehicle incidents, fires and ms injury, bike and pedestrian s techniques that involve children, eK-1, 1-2, 3-4, 5-6, 7-8)  rades 3-4
	<b>Teacher Video</b> – A god school administrators			ch curriculum designed especially
• •	afe Way to Fit a Bicyc cycle helmet in six easy		minutes, 1992,	Ride Safe. Demonstrates how to
	FIR	RE SAFET	Y	
program for age situations. Inclu	es three - five. Teaches	the basics of fi ds, stickers, te	re prevention a	multimedia fire safety education and how to respond to specific fire I and flash cards. For preschool
in which the mo burns, choking,	st children are killed or suffocation, and strang	injured each ye julation, poison	ear – including r ing, falls, firearr	m addresses the eight major areas motor vehicle incidents, fires and ms injury, bike and pedestrian es techniques that involve children,

their families, and their communities. (Please order by grade level PreK-1, 1-2, 3-4, 5-6, 7-8) Please check which grade level you wish to have sent.

WOR]	KING TOO	ETHER TO	KEEP MAI	NE KIDS SAF	E
Grad	les PreK-1	Grades 1-2	G	rades 3-4	
Grad	es 5-6	Grades 7-8			
(M) Master Laser (C) Cassette	Paper (B) E (LP) Lessor	Book (V) Video n Plan (S) Sticker	` '	(SP) Slide Presentation * Easier To Read	'n
• •		<b>deo</b> – An overview to trators; (NFPA) 1997		ırriculum designed esp	ecially for
and the acco		ette of songs and stor		nistration & FEMA. This rs reach preschoolers v	•
lets viewers dramatic lea	join firefighters o rning experience	n the front lines to wit	tness the awesomeortance of mainta	- Adult. This award win e power of fire. Survive ning smoke alarms and	! is a
` '		ety – 1995, 16 Minute including escape plar	•	state Insurance Compa ncy contacts.	iny to teach
(V) Sparky's children.	s ABC's of Fire S	<b>Safety</b> – (NFPA) 9 mi	inutes. Teaches ba	asic fire safety informati	on to young
in a simple,	_			e ten "Golden Rules" o wever, geared more to	•
				n. Jonathan Winters foo enter's Guide included.	uses his
Unit		HOME SAF	ETY		
		one - Safety tips and Jnder Revision)	I checklist for pare	ents or others to follow	when faced
` ,	_	<b>Poison Center</b> - A flan emergency. (Limit	•	color sticker with the P	oison Center
` '			•	or around the home. T cribed. <b>Safe Plants</b> is i	
	ater/Liquid Burn ot liquid burns to c		ething to prevent th	em. Safety tips to prev	ent scald
` '		-		s Gunn. Comprehensiv jure or kill 60,000 childi	

 WORKING TOGETHER TO KEEP MAINE KIDS SAFE  (V) Child Safety at Home – 30 minutes, 1994, Chesney Communications. KidSafety of America. Learn about choking, drowning, burns, shocks, convulsions and more and how to avoid "accidents". Recommended for working parents, nannies, babysitters, and other child safety advocates.
 <b>(LP) Poison Education An Elementary School Lesson Guide</b> - 1998, Northern New England Center. Discusses plants, medications, household chemicals, how to prevent poisoning and what to do in case of ingestion.
 <b>(LP) Poison Education A Middle School Lesson Guide</b> - 1998, Northern New England Poison Center. Discusses plants, medications, household chemicals, how to prevent poisoning and what to do in case of ingestion.
(LP) Risk Watch - 1997, (NFPA). This comprehensive K-8 curriculum addresses the eight major areas in which the most children are killed or injured each year – including motor vehicle incidentsfires and burns choking, suffocation, and strangulationpoisoningfallsfirearms injurybike and pedestrian hazards and water hazards. To teach safety skills, <i>Risk Watch</i> uses techniques that involve children, their families, and their communities. (Please order by grade level PreK-1, 1-2, 3-4, 5-6, 7-8)  Please check which grade level you wish to have sent.  Grades PreK-1 Grades 1-2 Grades 3-4 Grades 5-6 Grades 7-8
 <b>(V) Risk Watch Teacher Video</b> – An overview to the <i>Risk Watch</i> curriculum designed especially for teachers and school administrators; (NFPA) 1997 14 minutes.
 <b>(V) Wired For Safety</b> - 12 minutes, 1996, U.S. Consumer Product Safety Commission. This very dramatic video depicts the results of poor wiring in homes.
 *(M) Home Safety Checklist – Quick checklist to be used by adults and caregivers as they go through their home in search of possible safety hazards to children.
 *(M) Kids and Animals – Having Fun Staying Safe – Gives parents and caregivers a quick overview on keeping kids safe around animals, including pets.
 *(M) Air Guns & BB Guns are NOT just Toys – Outlines the dangers of firearms, air guns and BB guns, gives safety tips for use and storage, and the parents' and caregivers' responsibilities to their children when firearms are stored in the home.
 *(M) Poison Prevention — Outlines for parents and caregivers the room by room steps they can take to keep children safer at home from poison. Topics include medicine, carbon monoxide and plants.
 *(M) Kids & Animals – Safety tips for parents and caregivers when pets and children are living under the same roof. Topics include how to care for pets, and how to treat strange animals.

### **OUTDOOR SAFTY**

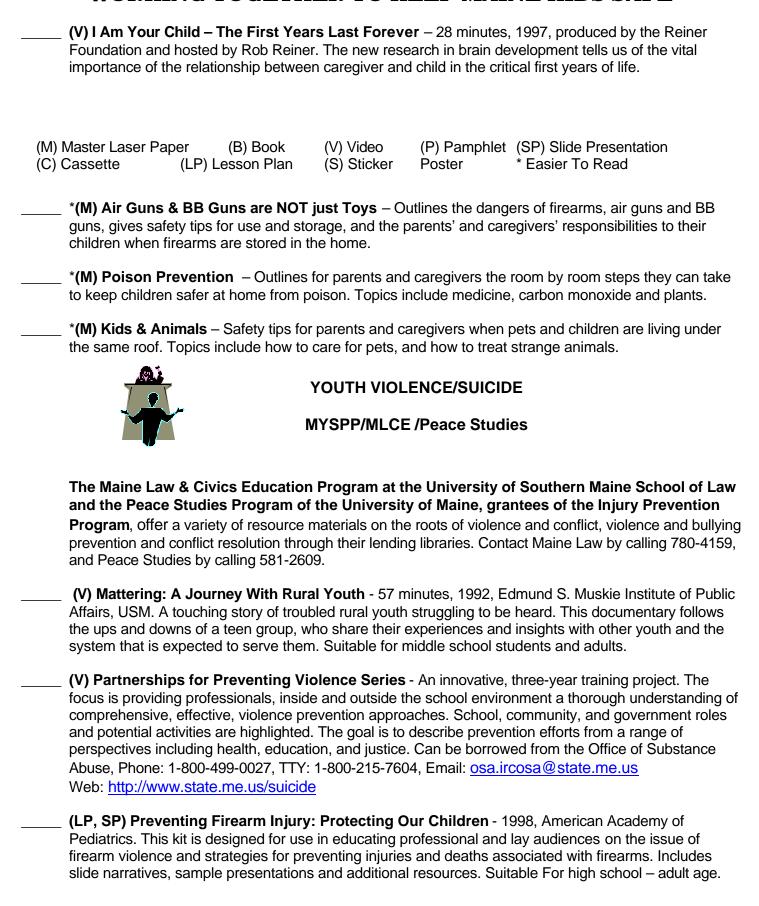


**(B) Handbook for Public Playground Safety** - 1998, U.S. Consumer Product Safety Commission. More than 200,000 children are treated in U.S. hospital emergency rooms each year for injuries associated with playground equipment. Many of these injuries can be prevented. These guidelines emphasize the importance of protective surfacing around playground equipment.

(M) Master Laser Paper (B) Book (V) Video (P) Pamphlet (SP) Slide Presentation (C) Cassette (LP) Lesson Plan (S) Sticker Poster * Easier To Read
 *(M) Making Playgrounds Safe for Kids – Helps parents, educators, recreation staff and others know what they need when planning a playground or what to look for when checking an existing playground for possible safety hazards.
 (V) Playground Equipment: Maintenance & Safety - Approximately two hours, 1990, CPSC. Discussion of playground surfaces, swings, teeter-totters, multi-use equipment, slides and platforms. The video also includes things to look for when planning and/or inspecting a playground, as well as how to identify and modify existing hazards.
(LP) Risk Watch - 1997, NFPA. This comprehensive K-8 curriculum addresses the eight major areas in which the most children are killed or injured each year – including motor vehicle incidents, fires, burns, choking, suffocation, and strangulation, poisoning, falls, firearms injury, bike and pedestrian hazards, and water hazards. To teach safety skills, <i>Risk Watch</i> uses techniques that involve children, their families, and their communities. (Please order by grade level PreK-1, 1-2, 3-4, 5-6, 7-8)  Please check which grade level you wish to have sent.  Grades PreK-1 Grades 1-2 Grades 3-4 Grades 5-6 Grades 7-8
 (V) Risk Watch Teacher Video – A 14 minute overview to the <i>Risk Watch</i> curriculum designed especially for teachers and school administrators. (NFPA) 1997.
 (V) Child Safety Outdoors – 25 minutes, 1994, KidSafety of America. Learn simple steps you can take to prevent injuries outdoors. Topics include car seat, pedestrian, playground pool safety. Intended for the care of children ages 1-6. Suitable for all audience types.
PARENTING & CHILD HEALTH
 *(P) Never Shake A Baby - Explains the signs and dangers of Shaken Baby Impact Syndrome.
 (B) Parents, Children, & Discipline - Introduces concepts in child discipline. Topics include the difference between discipline and punishment, limit setting, giving children choices, and hints for eight common child discipline situations.
 (B) Watch Me Grow, Help Me Grow – Booklet 1 – Ages Birth-Five. Formerly titled Your Child Is A Rose – Now three different booklets. Book 1: Birth-age 5, Book 2: Ages 6-12 and Book 3: Ages 13-17. Describes typical behavior at different ages and the safety issues faced by each group and simple hints for injury prevention as well as tips for coping. (Books 2 and 3 Under Revision)

(B) Watch Me Grow, Help Me Grow – Booklet 2 – Ages 6-12 Describes typical behavior at different

ages and the safety issues faced by each group and simple hints for injury prevention as well as tips for coping. (Under Revision) (M) Master Laser Paper (B) Book (V) Video (P) Pamphlet (SP) Slide Presentation (C) Cassette \* Easier To Read (LP) Lesson Plan (S) Sticker Poster (B) Watch Me Grow, Help Me Grow - Booklet 3 - Ages 13-17 Describes typical behavior at different ages and the safety issues faced by each group and simple hints for injury prevention as well as tips for coping. (Under Revision) (P) Reduce the Risk of Sudden Infant Death Syndrome (SIDS) - Outlines steps parents and caregivers can take to keep infants safer from the risk of SIDS. (Available in Spanish) (Poster) Don't Shake - 11 x 17 (Limit 5) Maine produced poster-showing people of different ages and genders, holding babies of different ages and genders while sitting on blocks that read Never Shake. (V) "Crying, What Can I Do?" (Never Shake a Baby) - 7 minutes, 1998, SBS Prevention Plus. An authoritative, but basic discussion about the dangers of shaking babies, and various strategies for coping with crying infants. Appropriate for use with parents of all backgrounds, and recommended for closed circuit TV in maternity units and pediatricians' offices, Lamaze classes, parent support groups, baby sitter education, and day care training. (V) Sudden Infant Death Syndrome (SIDS) - 3 minutes, 1997, National Institute of Child Health and Human Development for the Back to Sleep Campaign. Information to parents and caregivers to help reduce the risk of SIDS. For use with parents of varying ethnic backgrounds, and recommended for closed circuit TV in maternity units, pediatricians' offices, Lamaze classes, parent support groups, baby sitter education, day care training. (Available in Spanish) (V) Portrait of Promise - Shaken Baby Syndrome - 11 minutes, 1997. The Junior League of St. Paul, Inc. Designed to educate audiences about a form of child abuse called Shaken Baby Syndrome. Features three families whose lives have been devastated by SBS. Suggested uses include hospital waiting rooms, pre-natal classes, Lamaze, babysitting clinics, schools, daycare, and youth groups. (V) Shaken Baby Syndrome - An Ounce of Prevention - 7 minutes, 2001. Tony Alaimo Northeast Television Productions. Pam Belisle, founder of the "Don't Shake Jake" Awareness Program discusses what SBS is, the dangers of shaking a child, the long-term consequences and ways to deal with a crying baby. Suggested uses - hospital waiting rooms, pre-natal classes, Lamaze, babysitting clinics and schools, daycare, youth and church groups, teen parenting groups and any child focused settings. \*(M) Babies and All the Things That Come with Them – A safety checklist for parents and caregivers that outlines items such as cribs, highchairs, playpens and the steps that can be taken to prevent injury to babies and young children. \*(M) Home Safety Checklist – Outlines for parents and caregivers the steps they can take to keep children safer at home. Topics include fall prevention, outdoor safety, choking prevention and more. \*(M) Kids and Toy Safety - A guide for parents and caregivers about toys and safety. An overview of what to look for when buying, using and what toys are appropriate for different age groups.





(LP, V) Kids and Guns: Making the Right Choice - 30 minutes. 2000. Ursus Productions and the Maine Injury Prevention Program. This video is designed to educate children in grades 6-8, parents and concerned adults about staying safe around guns. Performed by students, not actors, situations involving firearms are demonstrated. Segments include youth suicide and discussions with a shooting victim; and parents who lost their young son. Suggested for audiences of 25 or less. For use by law enforcement, firearm safety instructors, school programs, public safety, youth groups and educators.

(M) Master Laser Pa	ıper (B) Book	(V) Video	(P) Pamphlet	(SP) Slide Presentation	
(C) Cassette	(LP) Lesson Plan	(S) Sticker	Poster	* Easier To Read	

(B) "Reducing the Burden of Injury" - 1999, National Academy Press. The book includes a broad look at the injury field; a case study comparing motor vehicles and firearms; and a useful historical timeline of the injury field, all of which will be of interest to safety and emergency officials at the federal, state, and local levels, as well as safety advocates and public health researchers.

(M) Maine Youth Violence Prevention Resource List - Statewide resources and local programs available to consult with others by sharing their experience with local youth violence prevention efforts.

The Maine Youth Suicide Prevention Program is a collaborative initiative of Governor Angus S. King, Jr. and the Children's Cabinet, representing Commissioners and senior staff from the Departments of Human Services; Education; Mental Health, Mental Retardation, and Substance Abuse Services; Corrections; and Public Safety. Multiple program strategies reach the general public, young people atrisk, and individuals in direct contact with youths. As part of this statewide program, the Office of Substance Abuse Information Resource Center has suicide prevention informational materials for teens and adults and a Youth Suicide Prevention Program Website. Publications available for distribution include: book covers, a suicide prevention Information Booklet, posters and magnets with the statewide crisis hotline, a suicide prevention resources specialty catalog, print and audio/visual educational materials, Maine data, and other informational materials. To order these suicide prevention materials contact Department of Behavioral and Developmental Services. Phone: 1-800-499-0027, TTY: 1-800-215-7604, Email: osa.ircosa@state.me.us, Web: http://www.state.me.us/suicide

For the Maine Suicide Prevention Gatekeeper training manual, see the EMS Website at: <a href="http://janus.state.me.us/dps/ems/ems-c.htm">http://janus.state.me.us/dps/ems/ems-c.htm</a>